

## Important Numbers:

**Emergency**  
911

**Health Information**  
811

**Road Conditions**  
511

**Halifax Regional Municipality Call Centre**  
311

**NS Help Line**  
211

**Power Outage**  
1-877-428-6004

**Non-Emergency Police, RCMP and Fire**  
902-490-5020

**Non-Emergency Ambulance**  
1-888-346-9999

### Other Contacts

Your Insurance Provider

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Friends and Family

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## Emergency Kit:

Every household should be self-sufficient for up to 72 hours. Customize your kit to the needs of your family. Consider your other needs like disabilities, special equipment, etc.

### Basic Emergency Kit:

- Drinking water (2L per person per day)
- Canned / packaged food
- Manual can opener
- Wind-up or battery flashlight
- Wind-up or battery radio
- Spare batteries
- First aid kit
- Extra keys for house and car
- Cash in smaller bills (\$5, \$10)
- Copy of your emergency plan and contact information
- Copy of important documents, passports, birth certificates, health cards, insurance plans
- List of prescription medications and doses with pharmacy information
- Pet food and pet supplies
- Phone chargers

### For more information:

Emergency Management Division  
Community Safety  
Phone: 902.490.3573  
Email: HRM\_EMO@halifax.ca



# Household Emergency Preparedness Guide

Is your family ready for  
an emergency?

HALIFAX



## What is an Emergency?

Sudden, unexpected, or impending situation that may cause injury, loss of life and damage to the property.

Examples Include:

- Hurricane
- Flood
- Snowstorm/Ice storm
- Fire/Wildfire
- Extreme Weather

## Create a Grab & Go Bag:

Don't count on being home when there's an emergency. Prepare for possibilities, create grab-and-go bags for your home, work and vehicles.

- Food (ready to eat) and Water
- Phone Charger and Battery Bank
- Battery-powered or hand crank flashlight
- Small first aid kit and personal medications
- Personal items such as an extra pair of glasses
- Copy of your emergency plan, copies of important documents, such as insurance papers.
- Cash in small bills
- Seasonal clothing and an emergency blanket
- Whistle

## Emergency Plan:

The plan will outline what you and your family or roommates will do in case of an emergency. Keep copies of the plan in your emergency kit, car and at work.

Identify the following:

Safe exits from home and neighbourhood:

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Meeting places to reunite:

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Designated person to pick up children should you be unavailable (including school names and addresses):

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Information of Dependents or Children:

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Medications, medical equipment or other health information (include Healthcare Providers):

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Pet information including name, type, breed, colour and Registration ID:

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Location of your fire extinguisher:

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Location of your water valve and gas valve:

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Location of your electrical box:

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Location of important documents, passports, birth certificates, health cards, etc.:

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For a more comprehensive plan visit [www.getprepared.ca](http://www.getprepared.ca)